A <u>VIRTUAL</u> Substance Abuse Prevention Parent Education Program sponsored by:



PRE-RECORDED PRESENTATION LINK

In addition to viewing the presentation, please check out the parent resource guide that is included in the link.

Check Out www.drugfreenj.org for more information

The PDFNJ presentation is supported by research which demonstrates that kids who communicate regularly with their parents about their daily activities are 67% less likely to be involved with substance abuse than children who have little or no communication.

This presentation covers topics such as:

- Talking to your kids about drugs and alcohol
- Effects of specific drugs
- Strengthening parenting skills
- Utilizing teachable moments



